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THE COMMONWEALTH.

E. E. HILI ARD, Editor and Proprietor.

Too Much Idleness.

people can never understand.

No Sunday Opening.

against it."

Planning for School.

clared against Sunday opening.

EDITOR'S LEISURE HOURS.

OBSERVATIONS OF PASSING EVENTS.

IF everybody in this land would work as persistently as some do, what a

town and village one can see lost time enough

which will open next April will be closed on

Sundays. It is fortunate that this question has

column some months ago. The Charlotte Ob-

ed by these mediums. In consequence of such

efforts many boys and girls are beginning to

wonderful harvest there would be all the year round! In almost every

energy if it all could be utilized. How some people can be content to "sit

round all day" every day and do nothing is something that some other

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opening. Already it has been settled that the Jamestown Exposition

been settled so long before the exposition opens; and it speaks well for the

moral conviction of the governors of the exposition that they have de-

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and the press approves it. The law forbids tipping of waiters at hotels.

No Tipping in Virginia. The substance of the law was printed in this

server speaks of it thus: "A nuisance is what the tipping business is. A

guest at a hotel would much rather have added to his bill the amount he is

supposed to be under obligation to disburse in tips than to be compelled to

keep his hards forever in his pockets feeling for money. It will not hurt

the Jamestown Exposition for it to become generally known that the visit-

or will be free of the necessity of tipping every servant he comes in con-

tact with. This is a bad custom that Americans have gotten from Europe

and it has become so nearly universal in this country that the man who

does not conform to it is in danger of falling under the contempt of ser-

vants, and few, except the stingy, have the moral courage to stand out

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Many of the schools and colleges are advertising in the papers and other-

wise their opening time and soliciting patronage from those who are touch-

plan for their first stay away at school or to return to the school in which

they have already spent some time. Two classes of persons are concerned

in this planning for school, the pupils and the parents. The pupils are all

interested about the books they shall use, the wardrobe which they shall

have ready for a year's use, the pleasure and excitement of forming new

associations or of meeting at the opening the friends of last year. The

parents are all interested in these concerns of their children and also in

other things of deeper and weightier importance. They are anxious about

what will be the result of all these new things upon the life and character

of their children; but with many parents the most absorbing and perplex-

ing question in all the round of preparations and plans for sending away

the girls and boys to school is the sacrifices which they will have to make.

The sacrifices are far greater than the most observant boy or girl can un-

derstand. They are many-sided. To lose the companionship of the child

is a great sacrifice indeed. And in many cases when the boys or girls go

away to college it means that they are practically gone for good. Their

home staying for the future will, in all probability, be brief. A few weeks

in each vacation they will be at home, and at the end of the college

course a short stay in the old room at home will wind up the life there and

they will be off for good to take their place in the world's work. But per-

haps the greatest sacrifice the parents have to endure, and which the girls

and boys least understand, is the raising of the money to meet the high

rate of expenses at school, college or university. Perhaps tew such boys or

girls will read these lines, but if perchance they may, let them remember

that the sacrifices which their parents make to send them to school or col-

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THE Bulletin of the North Carolina Board of Health for July charges

ation with the State Board of Health to check

the ravages of tuberculosis. About a year ago

the physicians of the State with negligence in lack of interest and co-oper-

the secretary of the State Board of Health sent out a pamphlet on "Preven-

tion of Consumption," which was printed in THE COMMONWEALTH, It

contained valuable information and many helpful suggestions about how

to check the spread of tuberculosis. The present report of the secretary of

the Board of Health says that one hundred thousand copies of the pamphlet

were printed and eighty thousand have been distributed. But the report

complains that the physicians of the State have not given aid and co-oper-

ation in the things suggested in the pamphlet as they should. The report

says that this is the most discouraging feature of the campaign of educa-

tion against tuberculosis-the physicians have failed to co-operate. A

pamphlet, with a letter appealing to them for co-operation, was mailed to

practically every physician in the State, but the report says that not half

dozen physicians have applied for copies of the pamphlet for distribution

among the people. As they come in contact with the disease it was the

hope of the Board of Health that physicians generally would be glad to

supplement their own instructions and caution with the help that the

pamphlet would give, but the physicians have not seen proper to distribute

the pamphlet. The report before us draws this conclusion: "In conse-

quence we have received no help from the most powerful and potentially

effective agency that could possibly be enlisted in this great work for suf-

fering humanity." It is indeed a strange presentment that the Board of

Health makes against the physicians of the State, especially when it is de-

clared that tuberculosis continues to be the most fatal disease and its pre-

vention the greatest and most difficult problem for the health authorities

to solve. The physicians of the land hold a responsible position in their

relation to the public and it is to be hoped that they will not longer disre-

Why does the sun burn? Why does | ASK FOR ALLEN'S FOOT-EASE.

A powder for swollen tired, hot,

gard such responsibility with reference to the dread disease tuberculosis.

mosquito sting? Why do we feel

lege should call forth life-long gratitude and love.

THE Virginia anti-tipping law is under discussion by the press generally

ONE of the vexing questions about expositions has been that of Sunday

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The first Turkish bath in London under municipal control was opened secently. The cost of a bath is fifty

## GALVESTON'S SEA WALL

makes life now as safe in that city as on the higher upland. E, W. Goodloe. who resides on Dutton St., in Waco. Tex, needs no sea wall far safety. He writes: "I have used Dr. King's New Discovery for Consumption the past tive years and it keeps me well and sife. Before that time I had a cough which for years had been growing worse. Now it's gone." Cures chronic Coughs, LaGrippe, Croup, Whooping Cough and prevents Pneumonia Pleasant to take. Every bottle guaranteed at E. T. Whitehead & Co.'s drug store. Price 50e and \$1 00. Trial

"I am very fond of music." "Would you like to have me play

for you?" "I said I was fond of music."

Old maids would be scarce and hard to

Could they be made to see, How grace and beauty is combined By using Rocky Mountain Tea. -E. T. Whitehead & Co.

An expert manicurist says that the manicure habit will cure children of the stubborn habit of biting their nails.

Scrub yourself daily, you're not unhappy in the Good Old Summer clean stomach, bowels, blood, liver, DeWitt's Witch Hazel Salve, and these Also FREE sample of the FOOT-EASE may be provided two coats—an econo-Moral: Take Hollister's Rocky Moun- look for the name on the box to get Sanitary corn-pad, a new invention. my that is not without effect. tain Tea. 35 cents, Tea or Tablets. the genuine. Sold by E. T. White- Address Allen S. Olmsted, Le Roy, N. Y. E. T. Whitehead & Co.

"EXCELSIOR" IS OUR MOTTO.

SCOTLAND NECK, N. C., THURSDAY, AUGUST 9, 1906.

Should Turn to Outside as Well as Inside of House.

gin housecleaning in the spring, for it seems to be in the blood of all women to want to "tear things out" with the first breath of warm weather. It is be purified and cleaned, but there is bed and living rooms the most important task of all may be forgotten. It every day to almost double the actual output of is hard work to clean in hot weather. but better that than to neglect the door yard till the last for it is here

> A good housekeeper was to move year and it happened that the farm but she quickly replied: "I can clean the house, but the yard is filthy." The clean family set to work to renovate things and this is the way they did it. The back yard was plowed just as deep as possible and the garden planted to the very kitchen porch. The old soil, redolent with filth, was combed by the sharp rake of the accumulation of years, and whatever could be burned was speedily turned into smoke and ashes. Then the old cans and bottles and broken dishes were raked into a deep trench and the whole smoothed over. The garden was wonderfully productive that year and the next before a fine sod was started, but the new mistress said she usually ate the vegetables with a little shudder when she recollected that back yard.

This may have been an extreme case, but the tidy housewife is apt to hold up her hands in horror when the snow melts in spring and she sees the trash in her own back yard. The dog will drag bones about after butchering day, the children will throw things out, and even the lady herself tosses scraps on these things show up for orn enough when the spring sun turns the snow into water and they lie imbedded in soft mud to fill the beholder with disgust. But when nature has done her part by drying up the extra moisture the trash may be raked together and burned in a short time. If there are bones, bury them at the foot of your favorite tree, and see that no old bottle or bit of broken glass is left to cut the little feet when it comes time to run barefoot. If you have doubts about the cleanliness of the sod, turn it under and let nature renew and clean it in her own effectual way. Better have a corn crop in the back yard than disease germs.-Farmers' Re-

### FOUR GOOD DESSERTS.

In These Few, Enough Variety to Suit the Queen's Taste and All Easy to Make.

French Pancakes-Use any good pancake batter, except buckwheat, and bake in small, round, thin pancakes. Spread with jelly or jam, roll up, sprinkle with powdered sugar, and serve hot.

Apple Cobbler.-Peel and core eight medium-sized apples. Arrange in a baking dish, and fill the cores with sugar. Make a batter with three cupfuls of milk, three ounces of flour and apples, and bake until the fruit is done. Serve with any preferred pudding

Chocolate Pudding-Half a pound of stale bread crumbs, and milk to make a smooth paste when boiled. Add a heaping tablespoonful of butter, a heaping tablespoonful of cocoa, sugar Take from the fire, and add three eggs, beaten separately, first the yelks, and then the whites whipped to a stiff froth. Put into a buttered pudding dish, and bake carefully. Serve with cream, either whipped or plain.

Fruit Pudding-One cupful of milk and one cupful of canned fruit juice. Add two tablespoonfuls of powdered sugar, and bring to a boil. Remove from the fire, and stir in quickly the well-beaten yelks of four eggs. Butter a pudding dish, and put in a large cupful of canned fruit. Beat the whites of the eggs to a stiff froth, stir into the custard, pour over fruit, and bake half an hour .- Modern Women.

Potatoes and Cheese.

Cut some boiled potatoes into slices and prepare a sauce of one cupful of milk thickened with one tablespoonful of flour and with two tablespoonfuls of butter added and mix with one cupful of grated cheese, a little cayenne, two teaspoonfuls of mustard. Line a dish with croutons, arrange around them a close row of the potato slices, and cover with the sauce; repeat in alternate layers, covering the whole with sauce; sprinkle lightly with grafed cheese and very brown croutons, and bake in the oven for about 20 minutes.

Evening Toilette. A smart evening toilet that comthe French monarchy style, and com- colors.—Chicago Dally News. rises a beautiful petticoat, over which is worn a handsome coat. Various are the possibilities of such a tollet. which may combine mousseline and lace in the petticoat and velvet, satin. the coat may be worn with several

A man can have a very peaceful home by not trying to run it.

CLEAN YARD THOROUGHLY. SOME EXCELLENT SALADS.

In the Spring Woman's Thoughts Peppers Have Large Place with the Salad Makers-How They Are Used.

No housekeeper needs urging to be-Peppers make excellent salad infiterial, choosing for this purpose those which are fresh and tender. Simply shredded and mixed with lettuce or cress, they may be used with any very essential that the house should dressing liked. Cucumbers may be mixed with a pepper salad to advandanger that in the devotion to the tage. Sprinkle lightly with a French dressing of oil, vinegar, salt and pepper. This is very good to serve with

More elaborate salads are served in pepper cups. Remove the core and cut that the first and best work should be to a desired shape; then fill with a mixture, which may be partly meat, with cress, lettuce or celery; or it may with her family to a new home last be string beans or potato in dice, with a seasoning of grated onion and chophouse had been occupied by a very ped olives. Any similar material is shiftless family. "Don't you just best when sprinkled with French dread that house?" a friend asked her, dressing before filling. Top the whole with mayonnaise, or serve a mayonnaise separately to accompany.

Fruit salads are also prettily served in green pepper cases. These fruit salads, which are extremely popular for the last two or three seasons, may be made of oranges, strawberries, cherries, bananas, or almost any fruit, in fact. Tender tart apples are among the best for the purpose. Whatever the fruit, if larger than a cherry, cut it in neat, small sections. Nut meats are very often used in combination. Celery or lettuce is usually arranged upon the individual plates as the basis. All these salads call for a mayonnaise dressing, which is frequently mixed with half its bulk of whipped cream. This light cream mayonnaise is most appropriate with fruits. It is often colored a delicate tint of green with spinach or a harmless vegetable dye, and makes a pretty effect as a finish.

equally effective, but a color scheme of was established. As the years went by, some sort has one of the best opportu- the proprietor, who had started with nities in arranging salads. Nasturtium little, but was extremely "close," flowers are a good adjunct, never out amassed an enormous fortune. The of the kitchen door in a hurry instead of fashion. To please the eye is one bookkeeper piled up but a small amount of putting them into the slop pail. At of the offices of the salad, and fortu- of savings, relates the New Orleans nately with a dainty touch it comes Picayune. quite as a matter of course.-Country

#### FINE HOMEMADE CANDY.

A Delicious and Wholesome Sweet for Children Is Milk Candy and Frosted Fruits Easy.

Milk Cardy.

This is a delicious candy for children. It can be made with brown, lump or granulated sugar. made with brown it becomes very hard; with lump sugar it is crisp, nigh, took the envelope from his emand with granulated sugar, slightly sticky. The method is the same which a photograph of the employer. ever sugar is used and it can be flavored to suit the tastes of those who other hesitated. "What did you want are going to eat it. Lemon juice, to say about it?" vanilla and peppermint extract can all be used to flavor it.

For brown of granulated sugar take a breakfast cupful of sugar and the same quantity of milk. Put the milk and the sugar in an enameled pan, bring to the boil and boil for 20 minutes, when the candy should set; pour it into a greased tin and score it well with the point of a knife before it is cold, or it will not

break into nice neat pieces. When using lump sugar use half and where he lived and labored nearly a pint of milk to a pound of sugar all his days, one of the world's greatand treat exactly as above described. est sculptors, writes Christian Brinton, The flavoring should be added just in "A Sculptor of the Laborer," in four eggs, well beaten. Pour over the before the candy is poured into the Century. In his reticence and simple

### Frosted Fruits.

up the white of an egg, with one tea- away at 74, in the fuliness of effort. spoonful of water. Have a sheet of for he was one of those who mature paper, with fine white sugar, lying on but slowly. With the exception of a the stove to get warm, but you must brief sojourn in Spain, he scarcely left see that it does not melt. Dip small his native land. "I have never had to taste, and a few drops of vanila. bunches of grapes into the white of any adventures," he once said; "I egg, then shake the sugar all over, have only dreamed and worked." and lay on a sieve near the fire for Though modern in feeling, his art is the frosting to get dry.

The sugar for black grapes should and serene. It is, above everything. be white and a deep yellow or pink an art that typifies the spirit of the can be used for green grapes. Ar- hour. All the fierce energy, the materange with leaves on a crystal or sil- rial progress and inventive genius of ver dish placed here and there on the to-day are reflected in Meunier's mintable.-Marion Harrls Neil.

### FOR BED FURNISHINGS.

The rage for beds of gayly painted precious baptism of art. enamel, even of pure white enamel, has given place to a distinct demand for the plainest of brass beds.

An up-to-date bedroom is a marvel of simplicity, beautiful rugs, plain, unfigured walls and simple furniture. The marseilles counterpane, even in white, is no longer used. In its stead had come lawn or linen bedspreads, many of which are tucked.

Most expensive of the bedspreads are those of fine linen, hand-embroidered in satin stitch, English eyelet work, or madeira. The newest quilts shown are of

white Japanese silk and made to fold

at the foot of the bed. They are thick with down, are not heavy, and are just large enough to cover the bed. The most popular color for bedroom fittings is pure white. Very little It is turned by the usual handle, blue, pink, or yellow, favorite colors previous seasons, are shown.

Curtains match the bed covers. If the bedspread is of sheer material, bines fashion also, is an adaptation of white silk is used beneath it-not

### Pudding's

A very hot oven will seorch any pudding in which whipped white of egg is spread on the top, while the brocade, or more antique striped with wider part will be quite uncooked. blossoms, in the coat. Needless to say, When boiling a pudding such as rellypoly or a suet dumpling it often clean inside. Clean insides means Time? Answer: We don't. We use smarting feet. Sample sent free, different skirts, or to one skirt there sticks at the bottom of the saucapan when dropped in. A plate in the pan will prevent this.

> It's unsafe to bury the dead pastbetter cremate it.

#### RUTH AND NAOMI.

Written for The Commonwealth. she clasped Naomi's neck and sighed And clung in wild devotion there, Lifting up her earnest eyes, And murmered, "Mother, hear my prayer.

If some lone dove on wounded wing Should flatter to thy gentle breast-Kind mother, would you coolly fling The trembler from his place of rest?

That lone and weary dove am I. My home and hearth I'd leave for darkning and deserted life Kind mother, would you turn from

The hand that made the home all The breath that breathed the hallow-

ed vowthat ray went out in death's dark night. That voice-the grave hath hushed It now.

Where thou goest I would go, The shrine at which thou kneelest in prayer, he skies which o'er thy pathway glow

Would see me kneel before thes Where thou diest I would die, Thy home is mine, and mine thy

he very grave where thou dost lie Should shelter me beneath its sod J. B. H.

#### IT WAS JUST LIKE HIM. A Hopeful Employe's Expectations Dashed by His Close

In a banking office in New Orleans is an aged bookkeeper who began his con-A golden-yellow mayonnaise may be nection with the business the day it

Employer.

At last the twenty-fifth anniversary of the firm and of the bookkeeper's service came along. He remembered it, but thought no one else would. To his surprise, the proprietor spoke of it at

"Williams," he said, "do you know what day this is?"

"Our tweny-fifth anniversary, sir." "It is indeed, Williams. And now I have thought fit to commemorate the event, and I have put in this envelope for you a small gift to express my ap-When preciation of your faithful service." The bookkeeper, his hopes raised

ployer and opened it. The "token" was "Well," demanded the donor, as the "It's just like you!" murmured th

**FAMOUS BELGIAN SCULPTOR** First of His Calling to Give to Labor the Precious Baptism

bookkeeper. "It's just like you!"

of Art.

died in Brussels, where he was born ruggedness and sincerity, Constantin Meunier recalls the master craftsmen These are easy and effective. Beat of other, sturdier times. He passed both Gothic and Greek, both restless ers and foundrymen, his puddlers and glassblowers. He was the first sculptor who saw plastic beauty in the workman, the first to give labor the

### Publications.

Newspapers published in the United States at the close of 1905: Weeklies, 14,455; semi-weeklies, 499; tri-weeklies, 54; dailies, 2,215; total newspapers, 17.233. Periodicals, published in the United States at the close of 1903: Monthlies, 2,710; all other periodicals, 552; total periodicals, 3,262; total newspapers and periodicals, 20,485.

Old Barrel Organ.

The parish church at Tobbing, England, which dates back to the thirteenth century, and was recently restored, possesses a remarkable ancient instrument, a barrel organ, which has three barrels and can play 36 tunes.

Knows Him. Flim-Does your wife work? Flam-Well, I should say so! She works me!

Shutting Him Off. Touchly-I say, old man, I've got a good short story to tell you.

short myself to-day.-Chicago Daily

"Gee! Hardest kind of labor, eh?"

-Detroit Free Press.

Salve! Salve!! Spread the Salve, but let it be Pine salve, natures remedy for coughs, colds, croup, who ring for cuts, burns, sores, etc. Leggett's Drug Store, Hebgood.



#### MRS. MARSHALL SUFFERED WITH

SYSTEMIC CATARRH. PE-RU-NA SAVED HER. Mrs. Viola Marshall, 1117 East Jackson street, Springfield, Ill., writes:

"Two months ago when I sought your advice, and you told me that I was suffering from systemic catarrh, I had gotten so bad that I could not bear the jolt of walking and had to lie down most of the time.

"I began taking your Peruna and now I feel like a new woman. "I can walk just as far as I please

without feeling any fatigue and I have taken only three bottles of Peruna. "I shall never cease praising Peruna, nor thanking Dr. Hartman for his kind

because this disease is not always understood, and therefore not correctly What is needed is an internal catarrh

Systemic catarrh claims many victims

remedy which exerts a healing effect Such a remedy is Peruna. The sincere letters of those who have expe-

evidence of its medicinal value. "Perus a is sald by your local drugg'st - Buy a bottle to-day."

rienced its benefits in such cases are

## MISUNDERSTOOD DRUG LAW

Pharmacy Act Passed in the Transvaal Regarding Poisons in Medicines.

Much misapprehension appears to exist among American patent medicine manufacturers as to a new pharmacy act in the Transvaal, passed at the last session of the colonial council after a heated debate. It does not restrict the sale of any medicine containing poison, though the same must be labeled "Poison," and country storekeepers are not debarred from selling,

Under an act passed a year ago all medicines containing poison must be so labeled, and every chemist has a list of the poisons in his store, so that Just a year ago (April 4, 1905), there if the medicine companies doing business in the Transvaal do not publish the formulas with each bottle sold they are subject to prosecution; in truth, the chemist is not permitted to let such medicines leave his store un-

> If any of the following poisons are found to be contained in a formula the bottle must be labeled" poison:" Almonds, essential oil (unless deprived of prussic acid), belladonna and its

> The purchaser must be known to the druggist or have one who is known to certify for him; he must also sign his name and address, and the druggist must place his name and place of business upon the label. This law has absolutely rooted out the evil existing at Johannesburg, where Chinamen could heretofore secure whatever amount of opium they desired by merely applying. For, if any can sign their names, and even then, unless known to the chemist, they are unable to buy. However, it has not stopped the smuggling of opium into the compound, and It is stated that the Chinese are still in that manner able to procure the drug.

> > Making a Dog Understand.

equally competen: to grasp the "no." Outside of that he is all dog and follows his dog ways. He indulges in no mental refinement and will not comprehend many of your changes of mood or mind. Whatever you undertake to teach, make it plain, simple and unchangeable. It is a pity that he must be taught not to jump up on people and compliment them with his caresses. He means well, but must be disciplined sternly into knowing that it is not good form under any circumstances. The discipline need not be accompanied by any severity. A light touch with a whip, if applied invariably, will soon settle the matter, Some kennel men adopt the plan of stepping lightly on the hind foot, and it is perhaps the clearest way of conveying the idea. Outing.

Now is the time to guard the health and strength of the lungs. The best remedy to use for coughs and colds is Bee's Laxative Honey and Tar. The Wiserly-Never mind about it. I'm only cough syrup that does not constipate the bowels, but which on the other hand, expels all cold from the samm by acting as a pleasant laxacive. Fest cough, etc. E. T. Whitehead & Co., E. T. Whitehead & Co., Scotland Neck, Scotland Neck, Leggett's Drug Strie, Hobgood.

# Advertise .... Y O U R ....